

PBIS

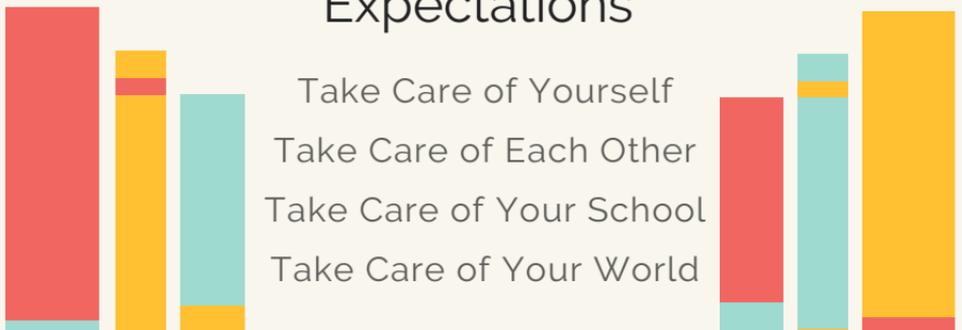
What is Positive Behavior Interventions and Supports (PBIS)?

PBIS is an approach to discipline that...

- defines appropriate behavior that is expected
- teaches what expected behaviors are
- reinforces appropriate behavior when it occurs

The goal of PBIS is to provide and maintain a safe learning environment for our students and teach them social expectations they will need in the future.

Program Wide Expectations





HOW DOES PBIS WORK?

We don't assume that the children know how to behave in a "school way" when they begin preschool. We teach these skills to everyone!

Social skills are just like pre-academic skills; they must be taught. Everyone teaches the children what appropriate behavior looks like throughout the day. For example, "We take care of ourselves in the hallway when we use walking feet."

Adults model the behavior for the children, give the children many opportunities to practice the behavior, and point out when the children are taking care of themselves, each other, their school, and their world.

When behavior is not acceptable, the adult points that out. For example, if the child doesn't clean up their snack, the adult says: "We take care of our world by throwing away our trash. Let's clean up together."

HOW CAN I USE PBIS AT HOME?

PBIS can be easily adapted for use at home. Young children thrive in a setting where an adult is in charge and expectations are clear and consistent.

- Decide on 2 or 3 overall expectations. Use the expectations we have at school, or choose your own (such as Take Care of Your Toys or Take Care of Your Room).
- Teach, model, and practice them. Review them often!
- Use simple, straightforward language to acknowledge appropriate and inappropriate behaviors.